



## **Schizophrenia Treatment Issues: What to Discuss With Your Doctor**

- Learning about schizophrenia**
- Setting goals with your treatment team**
- Long-acting antipsychotic medications**
- Discontinuing meds can lead to psychotic relapses**
- Clozapine can work if other antipsychotics fail**
- Tardive dyskinesia as a side effect of antipsychotics**
- Cognitive-behavioral therapy as adjunctive therapy**
- The anti-inflammatory supplement fish oil**
- Vitamin D3**
- The antioxidant supplement NAC (N-Acetyl Cysteine)**